

NUNS' ISLAND  
J.K.A. SHOTOKAN  
KARATE CLUB



CLUB DE KARATÉ  
J.K.A. SHOTOKAN  
DE L'ÎLE-DES-SOEURS

Presents

## Montreal J.K.A. Spring training-Camp May 25, 26 & 27, 2018

By

**Shahrokh Hoghooghi, 7<sup>th</sup> Dan JKA**  
**Mark Deschatelets, 5<sup>th</sup> Dan JKA**

We would like to invite you to the Annual Montreal Summer Camp hosted by the Nuns'island-JKA. The camp will provide the participants with the JKA standards in Kihon, Kata and Kumite as well as qualification trainings for the higher-ranking JKA participants. The camp will also emphasize on betterment of manners, character building and techniques and will cultivate friendship amongst its participants.

### **Dan Exams and Qualifications:**

**Shodan** and **Nidan** as well as **D-Level** qualification exams for **Instructors, Judges** and **Examiners** will be performed at the camp with valid JKA passports.

All Dan and qualification examinees must complete and submit the official JKA forms by Friday 25<sup>th</sup> of May at 18:00.

### **Qualification Exams Criteria:**

- 1- D-level Instructor: You must have attained your Ni-dan for at least 3 months and be 20 years or older.
- 2- D-level Judge: You must have attained your Ni-dan for at least 3 months and have your Instructor D-level.
- 3- D-level Examiner: You must have attained your San-dan for at least 3 months and have your D-level instructor as well as D-level judge and you must be 25 years or older.

**“ALL EXAMENEES MUST TAKE THE COMPLETE CAMP”**

### Schedule of event

<b>Friday May 25<sup>th</sup></b>	18:15-19:00 Instructor & Examiner qualification .....(Theory) 19:30-21:00 <b>All levels</b> .....(Class)
<b>Saturday May 26<sup>th</sup></b>	09:15-10:00 Judging qualification .....(Theory) 10:30-12:00 <b>All levels</b> .....(Class) Break 12:45-13:30 Qualification .....(Written exam) 14:00-15:30 <b>Brown &amp; Black..... [need gloves].....(Kumite class)</b>
<b>Sunday May 27<sup>th</sup></b>	10:00-11:00 <b>All levels</b> .....(Class) 11:00-11:30 <b>Brown &amp; Black</b> .....(Dan preparation) Break 12:30 All qualification exams .....(Practical) 13:00 Dan exams

### Camp fees (CND)

Category	Dan	Brown	Green Blue	White Yellow Orange
Full camp	\$95	\$85	\$65	\$55
Per class	\$35		\$30	\$25

### Exams and qualification fees

Shodan	\$250 USD
Nidan	\$280 USD
Qualifications JKA Head-Quarter registration fees are included	Instructor.....\$110 US Judge .....\$110 US Examiner.....\$160 US

**Camp Location:** Nuns' island-JKA; 300-Chemin du golf, Montreal, Qc, H3E-1A8

**Notes:** -Please bring the exact amount  
-Please give yourselves an extra 30 minutes for traffic delays

Information: Shahrokh Hoghooghi / 514-909-9089 / nunsisland@canadajka.ca  
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